

CATHEDRAL NEWS

THE CATHEDRAL SUMMER PICNIC IS TODAY!

The Cathedral's summer picnic is back! Join us at Cathedral Square for a White Spot burger and chips, cake and coffee and some light entertainment on Sunday, July 28, from 11:30 AM to 2:30 PM. Tickets (\$10) are available for purchase at the gift shop.

LATIN MASS ON AUGUST 15, 6:30PM

There will be a special Latin Mass at the Cathedral to celebrate the Feast of the Assumption of Our Lady on Thursday, August 15 at 6:30 PM. All are welcome to attend.

SFA SCHOOL ACCEPTING NEW STUDENTS

Openings are available at St. Francis of Assisi Preschool and Elementary School in the heart of Grandview Woodland! Located at Victoria and Venables in Vancouver, this vibrant school has space for your family. The 78-year-old elementary school is undergoing a seismic upgrade this summer to enhance safety for students and staff. We encourage anyone interested to reach out for more information: 604-253-7311 or via email at office@sfaschool.ca. For more information, visit www.SFAschool.ca.

PRO-LIFE MASS AND PRAYER VIGIL, AUGUST 3

Monthly Mass and vigil to pray for respect for all human life from its beginning to its natural end. Next month, join us in praying for women who have had abortions at St. Joseph's parish in Mission on Saturday, August 3 at 9 AM.

DIVINE MERCY PAINTING

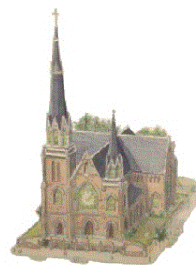
If you are interested in donating towards the new Divine Mercy painting please contact the Cathedral office. An income tax receipt is available for the full amount donated to this special project.

CATHEDRAL OFFICE HOURS

Monday - Friday, 10 AM - 12 PM and 1 - 4:30 PM.
(604) 682 6774 ext. 0
Email: office@vancouvercathedral.org

Please note, the Cathedral office will be closed on Monday, August 5 for BC Day.

Please visit our website and follow our social media accounts.
@holyrosarycathedral



CATHEDRAL OF OUR LADY OF THE HOLY ROSARY

ARCHDIOCESE OF VANCOUVER



July 28, 2024,
XVII
SUNDAY IN
ORDINARY TIME

646 RICHARDS STREET, VANCOUVER, BRITISH COLUMBIA, V6B 3A3

ARCHBISHOP
RECTOR
VICE-RECTOR
ASSISTANT PRIESTS

Most Rev. J. Michael Miller, CSB
Very Rev. Stanley Galvon
Rev. Pablo Santa Maria, JCL
Rev. Nicolas Tumbelaka
Rev. Jose Thomas, OP
Rev. Mr. Zak Santiago
Rev. Mr. Richard Chau

DEACONS



SUNDAY MASS SCHEDULE
Saturday 5:10 PM anticipated Mass
Sunday 8 AM, 11 AM, 1 PM, 4 PM in Latin
6:30 PM in Spanish, 8 PM

WEEKDAY MASSES
7:15 AM, 12:10 PM and 5:10 PM
Latin Mass: Fridays at 6:30 PM

CONFESSIONS
Mon - Sat. 11 to 11:45 AM & 4 to 4:45 PM
Sundays from 9 to 9:30 AM
Spanish Confessions: Sundays from 6 to 6:25 PM

604 682 6774 | office@vancouvercathedral.org | holyrosarycathedral.org

CATHEDRAL OFFICE INFORMATION

office@vancouvercathedral.org

646 Richards Street, Vancouver BC, V6B 3A3

Phone: 604 682 6774 | **Website:** holyrosarycathedral.org

Office Manager: Krystyna Kasprzak | **Cathedral Secretaries:** Maria Watson & Marina Ubalde

Groundskeepers: Peter Dziuk & Rolando Dauz | **Security:** Jojo Dauz

DEVOTIONS & SPIRITUAL LIFE

Sunday Vespers and Benediction: 5:30 PM

First Friday devotions to the Sacred Heart: After 6:30 PM Latin Mass

Rosary: Monday to Saturday at 11:40 AM & 4:40 PM

Adoration: Fridays from 12:45 PM to 3:30 PM



CATHEDRAL LIFE

BAPTISMS

Baptisms are held on most Sundays at 2:30 PM. Baptism are for Cathedral parishioners or those who live in the boundaries of the Cathedral. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

MUSIC & CHOIRS AT THE CATHEDRAL

Please contact music director, Catherine Walsh at catherine.organist@gmail.com for more info.

KNIGHTS OF COLUMBUS

For more info, please contact: Father Stanley Galvon.

HRC YOUNG ADULTS

Contact: hrcyoungadults@gmail.com; <http://facebook.com/hrcyoungadults>

LATIN MASS AT THE CATHEDRAL

At the Cathedral we have a Traditional Mass community. Masses on Friday (6:30 PM) and Sundays (4 PM). Coordinator: Daniel Chan.

CATHOLIC WOMEN'S LEAGUE

Contact Jane Rosenthal at janemrose@telus.net.

LEGION OF MARY

If you would like to get involved please contact Ave, (778)896 0649.

ALTAR MINISTRY

The Cathedral has a team of dedicated men who serve at specific Masses. To become an Altar Server or a reader please contact the Master of Ceremonies, Fr. Santa Maria: psantamaria@rcav.org

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ Info. grace.inonog@yahoo.com

HISPANIC COMMUNITY

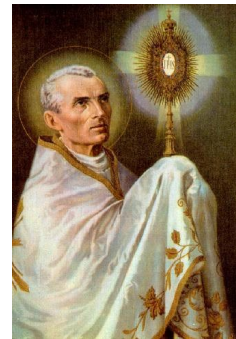
The weekly Spanish Mass now caters to the Spanish-speaking community in our parish: comunidadhispanahrc@gmail.com

CATHEDRAL BELL RINGERS

Our eight bells are rung by hand by a dedicated band of bell ringers. Visit www.vscr.ca for more info.

Picture on Cover: Window of the Holy Family © PSMW 2018

EUCCHARISTIC ADORATION



On Fridays we have the custom of having the blessed Sacrament exposed after the noon Mass. Traditionally Thursdays are days on which we remember the Holy Eucharist, but at the Cathedral we expose the Blessed Sacrament on Fridays to unite us with the Passion, to 'stay here and watch with Him.' But this brings to mind a question: Why do we have Adoration with the Blessed Sacrament and how do we improve it? Many Catholics do not know the answer to this question.

We start from the Eucharist, which we know to be the centre, the source and summit of the life of the Church. Jesus has remained within our Tabernacles, waiting for us to come to Him, to spend time with Him, to get to know Him and ultimately to fall in love with Him.

Eucharistic Adoration is a time in the presence of Christ, and sometimes we don't quite know what to do or what to say, so here are a few steps that can help us during this time.

First, when we enter the Cathedral and walk to where the Tabernacle is, we should enter in silence and with reverence. We should then make a genuflection and the sign of the Cross. We must not forget that we are before God. At the beginning, if we wish, we can say a prayer to prepare ourselves, either by reading a prayer book or asking the Holy Spirit to help us.

During this time, we can read the Missals or the Holy Scriptures or any spiritual text that will help us to have a moment of prayer before the Lord. If we prefer we can pray or simply look at Him,

knowing that He is also looking at us. We should be especially grateful for this time that has allowed us to be in His presence and to say goodbye with the same reverence as at the beginning.

Before the Blessed Sacrament, we can also make a spiritual communion and receive Him into our hearts. This communion is valid, even if for whatever reason, we have not been able to receive the sacrament of the Eucharist.

This week on August 2, as we celebrate the feast of Saint Peter Julian Eymard, known as the Apostle of the Eucharist, it is a good opportunity to reflect on this immense gift that we have here at the Cathedral. Saint Peter Julian throughout his Priestly ministry, promoted devotion and adoration of the Blessed Sacrament. In 1856 he founded the Congregation of the Blessed Sacrament, devoted to adoration of the Blessed Sacrament. He was known to encourage perpetual adoration as a response of love and frequent Communion as a source of strength for the Christian life.

Throughout his life, he was absorbed by the Presence of Christ in the Holy Eucharist, which became the entire focus of his life. He once said: "The greatest grace of my life has been a lively faith in the Blessed Sacrament since my childhood. The Holy Eucharist is Jesus, past, present and future."

He felt that the problems of his times could only be changed by the fire of Eucharistic love. Exposition of the Blessed Sacrament became the sign of that love. The Blessed Sacrament is there waiting for us to come to him, so that, like Peter Julian, we may be absorbed in Him.